

Toppings	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
Avocado	1.8oz	80	7	1	0	0	4	3	0	1	4
Bahn Mi Pickles	1.5oz	15	0	0	0	0	3	0	3	.2	290
Broccoli	1.5oz	15	.1	0	0	0	3	1	1	1	15
Cherry Tomatoes	1.5oz	10	0	0	0	0	2	1	1	1	25
Corn Mix	1.5oz	35	.5	.1	0	0	7	1	3	1	80
Crab Salad	1.5oz	70	4	.5	0	10	6	0	2	3	220
Curry Potato	1.5oz	45	.3	0	0	0	9	1	0	1	5
Edamame	1.5oz	50	2	.3	0	0	4	2	1	5	3
Egg	2oz	80	6	2	0	235	1	0	0	7	65
Green Beans	1.5oz	15	1	.1	0	0	4	1	1	1	75
Jalapeno	1.5oz	10	.2	0	0	0	3	1	2	.4	1
Kale Mix	1oz	40	2	.3	0	0	6	1	4	1	260
Kimchi	1.5oz	15	0	0	0	0	2	2	2	2	290
Kimchi Slaw	1.5oz	40	2.5	.4	0	0	4	1	3	1	75
Pickled Carrots	1.5oz	20	.1	0	0	0	5	1	3	.4	120
Pickled Ginger	1.5oz	10	0	0	0	0	3	0	0	0	360
Pickled Red Onions	1.5oz	15	0	0	0	0	4	0	4	0	330
Roasted Mixed Vegetables	1.5oz	35	1.5	.2	0	0	5	1	3	.5	45
Romaine Lettuce	1oz	5	.1	0	0	0	1	1	0	.3	2
Spicy Cucumber	1.5oz	15	.1	0	0	0	3	0	3	.3	250

Base	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
Kimchi Fried Rice	8oz	780	11	1.5	0	10	153	3	7	14	310
Mixed Greens	2oz	10	0	0	0	0	2	1	0	1	15
Noodles with Vegetables	8oz	580	4	0	0	0	113	2	10	19	260
Purple Rice	8oz	390	2	0	0	0	83	2	0	8	500
Romaine Lettuce	3oz	15	0	0	0	0	3	2	1	1	5
White Rice	8oz	300	1.5	0	0	0	62	1	0	6	1280

Sauces	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
Bul Sauce	1oz	140	11	1.5	0	10	11	0	7	.1	105
Cilantro Sour Cream	1oz	90	10	2	0	10	1	0	0	.3	85
Ginger Dressing	1oz	20	0	1	0	0	5	0	4	.3	130
Gochujang	1oz	70	2	.3	0	0	12	1	7	1	490
Maple Teriyaki Sauce	1oz	40	0	0	0	0	10	0	8	1	450
Sesame Dressing	1oz	130	12	1.5	0	10	7	1	5	1	330
Spicy Mayo	1oz	100	8	1	0	10	6	0	6	0	290
Sriracha	1oz	30	0	0	0	0	6	0	6	0	454
Yum Yum Sauce	1oz	150	16	2.5	0	15	1	0	1	.1	115

Proteins	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
Bulgogi Beef	4oz	260	17	6	0	55	10	0	8	17	430
Ginger Chicken	4oz	260	8	1.5	0	30	40	1	19	8	800
Katsu Chicken	4oz	270	11	2	0	30	34	0	2	11	510
Salmon	3oz	150	10	1.5	0	30	2	1	1	13	780
Spicy Tuna	3oz	90	.5	0	0	35	1	0	1	17	160
Teriyaki Chicken	4oz	170	8	1	0	70	9	1	6	16	370
Thai Basil Chicken	4oz	220	8	2	0	120	1	0	0	33	180
Tofu	4oz	130	7	1.5	0	0	5	1	3	11	35
Tuna	3oz	120	3	.3	0	40	3	0	0	17	230

Garnishes	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
Cilantro	0.2oz	1	0	0	0	0	0	0	0	.1	3
Crispy Onions	0.2oz	35	3	.3	0	0	2	0	1	.4	20
Rice Puffs	0.2oz	25	0	0	0	0	0	0	5	0	0
Scallions	0.2oz	2	0	0	0	0	0	0	0	0	2
Sesame Seeds	0.2oz	30	2.5	.4	0	0	1	1	0	1	1

Appetizers	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
Bulgogi Fries	17oz	930	52	14	0	305	78	3	28	31	2330
Hangover Fries	21oz	1040	48	14	0	85	135	5	34	28	3170
Bulgogi Spring Rolls	2pc	200	4	1.5	0	15	32	2	6	7	440
Mac & Cheese Spring Rolls	2pc	270	10	4	0	30	27	2	7	12	1850
Vegetable Spring Rolls	2pc	80	0	0	0	0	8	0	2	2	120
Beef Dumplings	6pc	210	5	1.5	0	15	29	1	2	10	470
Chicken Dumplings	6pc	170	3	.4	0	15	29	1	3	9	510
Vegetable Dumplings	6pc	190	7	2.5	0	0	27	1	2	6	490

Signature Boxes (Base Not Included)	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
California Box	14oz	500	31	5	0	10	40	10	22	20	1290
Katsu Box	12oz	550	20	4.5	0	45	75	3	21	19	1470
Seoul Box	14oz	560	32	10	0	295	40	7	27	29	1740
Shanghai Box	12oz	500	26	4.5	0	45	57	5	33	11	1310
Thai Box	12oz	450	23	4.5	.1	130	26	5	18	35	1150
Tokyo Box	12oz	510	26	4	0	85	46	4	30	20	1390

Poke Boxes (Base & Protein Not Included)	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
Kona Poke	13oz	450	27	4	0	30	48	4	33	7	2400
Malibu Poke	12oz	360	20	3	0	10	36	8	24	9	1350

Ramen (Seasonal)	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
Creamy Chicken Ramen	1 bowl	850	28	7	0	175	82	10	13	60	8990
Spicy Miso Ramen	1 bowl	840	36	11	0	80	89	11	15	34	9220
Tonkotsu Ramen	1 bowl	850	41	12	0	85	81	9	11	33	9480

Banh Mi Sandwiches	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
California Banh Mi (Chicken)	13oz	610	33	5	0	90	55	5	18	22	1220
Hawaiian Banh Mi (Pork)	13oz	610	32	7	0	60	56	3	21	23	1440
K Beef Banh Mi (Bulgogi Beef)	13oz	680	41	10	0	75	56	3	19	23	1290

Chicken Sandwiches	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)
Bul Chicken Katsu Sandwich	1 sandwich	770	29	6	0	45	108	4	23	24	1550
California Chicken Katsu Sandwich	1 sandwich	850	34	7	0	45	118	7	30	24	1590
Kimchi Chicken Katsu Sandwich	1 sandwich	830	33	6	0	45	114	5	26	25	1560
Monster Chicken Katsu Sandwich	1 sandwich	1420	67	12	0	100	164	4	39	47	2730
Ninja Chicken Katsu Sandwich	1 sandwich	1120	62	11	.2	70	110	4	22	34	1720